

## Jacqueline K. Blessinger, Psy.D.

4501 Arlington Blvd #205, Arlington, VA 22203 ♦ jkblessinger@gmail.com ♦ 917- 833-1327

### PROFESSIONAL EXPERIENCE

---

---

#### *Target Officer*

*Leidos—Reston, Virginia*

January 2020—Present

**Clearances:** TS/SCI with Polygraph (01 November 2018)

**Description of Experience:** Target Officer is responsible for reviewing and manipulating various classified and open-source databases in support of the customers' mandate to collect intelligence. The primary function of a Target Officer is to collaborate with a team of intelligence professionals in support of HUMINT operations against priority targets.

**Duties:** Responsible for identifying targeting leads in support of HUMINT operations through the exploitation of classified and open source databases. Engage with operational components within the customer organization to address targeting requirements. Brief senior officials and liaison to steer intelligence operations. More specific responsibilities included the following:

- Utilizes a full suite of intelligence research tools to conduct analysis and targeting
- Leverages intelligence research and targeting tools, customer classified databases, and exploitation of social media to perform Measures of Effectiveness (MOE) analysis on strategic communications
- Prepares and coordinates tailored, timely, and accurate written all-source intelligence assessments and targeting products; and offers guidance to shape customer activities and objectives
- Supports a variety of operational and targeting efforts, including the identification of potential operational leads and opportunities for action by customer
- Assists in the development and implementation of collection plans and operational activities focused against high priority targets
- Reviews, evaluates, and responds to operational traffic and other intelligence reports
- Drafts substantive cables to provide intelligence and collection requirements; in addition to, highlighting results of research and analysis
- Coordinates closely with peers, management, customer components, and broader Intelligence Community partners
- Identifies and articulates potential counter-intelligence risks and authors security requirements
- Experience supporting field operations located in the Middle East; and regional and/or functional expertise in the Middle East and Southeast Asia
- Deployed overseas (4-month TDY austere/hazardous conditions) to support collection operations and information sharing
- Knowledge of intelligence processes, cycle, and organizations
- Acquired subject matter expertise on terrorism, legal, and political issues in the Middle East and Southeast Asia
  - **Supervisor:** Provided Upon Request

### ***Security Analyst***

*Federal Government—Washington, DC Metro Area*

March 2019—January 2020

**Clearances:** TS/SCI with Polygraph (01 November 2018) | Publication Review RES-2019-08765

**Description of Experience:** Discovered and countered threats to Agency personnel, facilities, and missions by collecting, analyzing, synthesizing, and presenting data associated with counterintelligence and counterespionage information as it affected the Agency's equities worldwide.

**Duties:** Developed analytic products aimed at informing sensitive counterintelligence investigations that allowed the Agency to assume a forward-leaning approach to the threat posed by various adversaries. Communicated analysis to customers, and when appropriate, developed specific, tailored countermeasures/recommendations. More specific responsibilities included the following:

- Analyzed data from a variety of sources pertinent to the Agency and the Intelligence Community to identify threats from foreign adversaries that attempt to gain access to Agency personnel, facilities, and information,
- Applied analytic tradecraft standards in use throughout the Intelligence Community to effectively and efficiently document adversarial threats for consumption by the Agency's and Intelligence Community senior leaders,
- Employed various Intelligence Community's applications and tools to search and view various types of reporting, analytic products and open source content,
- Used I2 Analyst Notebook to create visual analytic products that display patterns and connections in data
- Compiled research findings and authored security documents that identified security vulnerabilities and helped inform internal investigations; and also assisted in providing investigative leads to partner agencies.
- Routinely utilized applications and software products such as ArcGIS, LexisNexis, Accurint, Pipl, Peekyou, and Microsoft Office Suite
- Collaborated with Counterintelligence Investigators to provide analytic insights to counterintelligence and counterespionage investigations; as well as,
- Participated as a volunteer member of the Ready Reserves in the role of Access Control Specialist (ACS);
- In the ACS role, applied ICD 705 directives to ensure physical security of several US government sensitive compartmented information facilities
  - **Supervisor:** Provided Upon Request

### ***Staff Psychologist***

*Department of Justice/Bureau of Prisons, Federal Correctional Complex (FCC)—Terre Haute, Terre Haute, IN*

January 2017—March 2019

**Clearances:** Public Trust

**Description of Experience:** Generated and applied scientific research to the practice of psychology generally, and more specifically, to the professional practice of psychology in the correctional setting. In addition to, operating as a "correctional worker first," and performing correctional work regardless of specific occupation. FCC Terre Haute is comprised of a United States Penitentiary (USP), Federal Correctional Institute (FCI), and Federal Prison Camp (FPC), all three of which house male inmates.

**Duties:** Provided mental health services to inmates across the correctional complex, with a specific focus on those inmates housed in specialty/administrative housing. Together with all the other

correctional institution employees, Staff Psychologist was charged with the responsibility of maintaining safety and security of the institution. More specific responsibilities included the following:

- Routinely engaged in correctional/law enforcement duties such as responding to emergencies, conducting cell shakedowns, and inmate pat searches; in addition to, writing and issuing incident reports
- Lead Psychologist for the Communication Management Unit (CMU), a housing unit for those inmates that require an environment that enables staff to more effectively monitor communication between inmates and persons in the community; Responsibilities also included coordinating and consulting with the Counter Terrorism Unit,
- Lead Psychologist for the Special Confinement Unit (SCU), a secured housing unit for those inmates who have received a sentence of death in the federal court system,
- Provided quarterly training on Psychology Services and the Prison Rape Elimination Act (PREA) to staff assigned to the SCU and CMU,
- Conducted intake interviews that include obtaining biopsychosocial data as well as information pertaining to criminal history/adjustment to incarceration,
- Obtained and reviewed past psychological/psychiatric treatment reports and assessment data to inform diagnostic impressions and individualized treatment planning,
- Administered psychological assessments; compiles findings into a completed report; and utilizes results for diagnostic reconciliation and treatment plan formulation,
- Developed individualized treatment plans based on presenting problem, diagnosis, and a review of the clinical history,
- Applied clinical skills to determine appropriate mental health care level for inmates with varying degrees of mental illness and diverse clinical presentations,
- Conducted mental status exams,
- Evaluated and determines level of risk for suicide, homicide, as well as self-harm and other disruptive behaviors,
- Responded to emergencies as on-call psychologist in the evening, early morning, weekends, and holidays; employs clinical skills to manage inmates demonstrating disruptive behaviors and provide crisis interventions; makes appropriate decisions and acts quickly in critical circumstances; and engages in inter/intradepartmental coordination and consultation during these emergency situations,
- Provided individual psychotherapy to inmates presenting with moderate, severe, and acute mental illness,
- Coordinated and facilitated group psychotherapy on a regular basis,
- Delivered evidenced-based treatments that aim at maximizing functioning while simultaneously minimizing relapse and hospitalization of those inmates who have a history of chronic mental illness; and also, of those inmates in need of frequent contacts with Psychology Services,
- Identified and referred those inmates with special treatment needs to appropriate mental health programs throughout the Bureau of Prisons; in addition to, identifying and referring mentally ill inmates in need of psychotropic medication to telepsychiatry clinic; Conducts assessments along with coordinates and oversees treatment for those inmates who identify as transgender,

- Delivered both routine and emergency mental health services to inmates housed in general population, the Special Housing Unit (Segregation), and specialty/administrative housing units,
- Regularly consulted with Health Services staff for continuity of care and to assist in addressing mental health symptoms that emerge secondary to a medical condition,
- Coordinated and facilitates training for inmate suicide watch companions,
- Performed duties of chief psychologist in an acting role that includes the following responsibilities: provide and coordinate mental health services to the entire complex including supervision of psychology department staff, participation in department head and executive staff meetings; as well as offering psychological services to staff members in need through the Employee Assistant Program (EAP),
- Provided oversight and mentorship to psychology interns,
- Effectively established working relations with Bureau of Prisons staff
  - **Supervisor:** Steve Eckert, Ph.D.

### ***Post-Doctoral Fellowship in Behavioral Medicine***

*University of Virginia, Department of Psychiatry and Neurobehavioral Sciences, Charlottesville, VA*  
August 2015–August 2016

**Description of Experience:** The behavioral medicine fellowship is designed for a broad variety of interdisciplinary education, research, and clinical training opportunities as well as in-depth experience in providing a range of services in Medical Psychology.

**Duties:** Fellow provided mental health services at The Behavioral Medicine Center, an outpatient clinic of the University of Virginia (UVA) Health System. The Center offers a wide variety of services but primarily specializes in treating those patients with co-morbid medical conditions and psychiatric diagnoses. Children through geriatric patients can participate in treatment at The Behavioral Medicine Center. Additionally, the fellow provided outpatient and inpatient services to those patients also receiving treatment from UVA's Epilepsy and Neurology Department. More specific responsibilities include the following:

- Conducted comprehensive intake evaluations for patients seeking outpatient psychological services at the Behavioral Medicine Center and neurology outpatient clinic. Intake assessments included a clinical interview and the administration of evaluation measures based on the referral question, which included the following: *BDI-II; BAI; BHS; BYI-II; BSS; STICSA; The Achenbach System; MASC-2; DBAS-16; ISI; Y-BOCSPAI; MMPI-2; MMPI-A; Shipley. BDI-II; BAI; BHS; BYI-II; BSS; House-Tree-Person test; Draw-a-person-in-the-rain; Kinetic Family Drawing; and various disease-related QoL measures.* Test results and interview findings were integrated into a comprehensive report.
- Provided short-term and long-term psychotherapy utilizing various treatment strategies to a diverse patient population seeking treatment for a variety of emotional and behavioral issues including but not limited to: insomnia, migraines, chronic pain, Parkinson's Disease, dementia, concussions, epilepsy, diabetes management, PTSD, psychogenic non-epileptic seizures, borderline personality disorder, OCPD, substance abuse, bipolar disorder, OCD, generalized anxiety disorder, panic disorder, adjustment disorder, major depressive disorder, ADHD, and autism spectrum disorder.
- Assisted in consultative and liaison services for the Epilepsy and Neurology Department to assist in evaluating and assessing those patients possibly presenting with psychogenic non-epileptic seizures.

- Created behavioral plans to help those pediatric patients demonstrating problematic behaviors; in addition to, providing their caregivers with “parent-training” sessions.
- Co-developed ADHD pilot group for children that specialized in enhancing social skills while co-jointly teaching a parent-training module to their caregivers.
- Assessed candidates for bariatric surgery by conducting pre-surgical evaluations to identify psychosocial risk factors.
- Received 2-3 hours of weekly individual supervision specializing in cognitive behavioral therapy, interpersonal therapy, and existential therapy from a licensed psychologist.
- Participated in weekly group supervision that focused on case conceptualization or didactic training; additionally, attended monthly interdisciplinary workshops and professional development seminars.
  - **Fellowship Program Director:** Donna Broshek, Ph.D.

---

## CLINICAL PSYCHOLOGY PRE-DOCTORAL INTERNSHIP EXPERIENCE

---

### ***APA–Accredited Pre-Doctoral Internship in Clinical Psychology***

*Philadelphia College of Osteopathic Medicine’s Center for Brief Therapy & Roxborough Healthcare Center  
Philadelphia, PA*

June 2014–June 2015

**Description of Experience:** The PCOM Center for Brief Therapy is an APA-accredited training program in clinical psychology designed to train future psychologists to work in various settings as providers of comprehensive psychological services that stress interdisciplinary collaboration. Completion of this program fulfilled 2000 hours of training.

**Duties:** Intern provided outpatient mental health services at Philadelphia College of Osteopathic Medicine’s on-campus clinic, The Center for Brief Therapy as well as the Roxborough Healthcare Center. Services included consultations, short- and long-term cognitive-behavioral therapy, and comprehensive psychological evaluations; and were provided to children, adolescents, adults, and geriatric patients. More specific responsibilities included the following:

- Administered and interpreted comprehensive psychological and psychoeducational assessment evaluations, including the following measures: *WAIS-IV; WISC-IV; WISC-V; WMS-IV; WLAT-III; NEPSY-III; D-KEFS; CMS; Brief Rating Inventory for Executive Functioning (BRIEF); CTOP-II; WRAT-4; Bend Gestalt-II; Rorschach; MMPI-II; MMCI-III; MACI; 16PF; Conners Scales; BASC-2; BDI-II; BAI; BHS; BYI-II; BSS*; Test administration and interview findings integrated into report.
- Employed cognitive-behavioral therapy and interventions; received weekly individual supervision from a licensed psychologist who specialized in the practice of cognitive-behavioral therapy.
- Evaluated referrals from the Center for Academic Resources and Educational Services (C.A.R.E.S.) program, a student-focused program designed to lend academic support services to medical and graduate students who are members of the PCOM academic community.
- Participated PCOM's Roxborough Healthcare Center rotation, which allowed for further enrichment and application of those interventions utilized in the primary care setting.

- Collaborated with medical professionals, staff, and other allied mental health providers as a participatory member of the total health care team. Behavioral health consultations and assessments were offered in addition to brief supportive outpatient therapy for medical patients.
- Facilitated in-service training classes for medical students on the primary care rotation.
- Provided clinical care for patients attending Shared Medical Appointments/Group Visits and Patient Centered Medical Home.
- Contributed to interdisciplinary research projects related to understanding patient satisfaction with a Patient Centered Medical Home by collecting, organizing, and evaluating data.
- Taught lab courses for 2nd-year doctoral students in clinical psychology; employed demonstrations, role-plays, and feedback to emphasize various clinical skills all while using standardized measures.
- Attended didactic training for an equivalent of two hours per week on the following topics: assessment techniques, psychological testing, clinical health psychology, empirically supported interventions, ethical issues in treatment, cultural diversity issues, case conceptualization, professional issues including legal/risk management, models of psychological consultation, dealing with challenging patients, medical non-adherence, clinical supervisory matters, methods of office base research.
  - **Clinical Director:** Barbara Golden, Psy.D., ABPP
  - **Supervisors:** Beverly White, Psy.D. and Susan Panichelli-Mindel, Ph.D.

---

## CLINICAL PSYCHOLOGY EXTERNSHIP EXPERIENCE

---

### *Externship in Neuropsychology and Rehabilitation Psychology*

*The Mount Sinai Hospital, New York, NY*

June 2013–June 2014

**Description of Experience:** Department of Rehabilitation Medicine is a multidisciplinary outpatient setting serving the needs of patients with brain injury and neurological disorders in the areas of behavioral medicine, neuropsychological assessment, group interventions, and cognitive remediation. This experience offered the opportunity to work with adult patients with acquired brain injuries in a partial hospitalization/day program. Externship responsibilities included the following:

- Facilitated psychoeducational groups, as group leader and co-leader on the following topics: *organizational skills; socials pragmatics; emotional regulation; memory and attention skills; orientation to time and current events; computer skills; and psychotherapy*
- Advised individual patients with brain injuries and neurological disorders. In this role, extern provided one-to-one instruction utilizing evidenced-based treatment for cognitive remediation, compensatory strategies, development of problem-solving skills, and self-efficacy. In addition, the advisor's responsibilities also included participation in, and facilitation of, family conferences and meetings
- Provided *Attention Process Training (APT)* instruction to patients with varying cognitive abilities and deficits
- Developed treatment plans with evidenced-based interventions for groups and individual patients assigned to caseload

- Administered and interpreted neuropsychological evaluations that included the following measures: *WAIS-IV*; *WMS-IV*, *TOPF*; *CVLT*; *CPT*; *Grooved Pegboard*; *D-KEFS*; *Rey*; *Boston Naming Test*; *BADS*; *Brain Injury Screening Questionnaire (BSIQ)*; *Frontal Systems Behavior Scale (FrSbe)*; *Attention Rating and Monitoring Scale (ARMS)*; *Problem Solving Inventory (PSI)*; *TBI-Self-Efficacy Questionnaire*; *PO-OPS Questionnaire*; *Life-3*; *BDI-II*. Integrated test results and interview findings into a comprehensive neuropsychological report
- Externs participated in interdisciplinary team meetings; weekly individual and group supervision; as well as weekly group supervision lead by an intern
- Further enrichment obtained during weekly didactic seminars and extern case presentations
  - **Supervisors:** Paula Reid, Psy.D. and Svetlana Serova, Ph.D.

### ***Externship in Pediatric Health Psychology and Neuropsychology***

*Cooper University Hospital and The Cooper Learning Center, Camden, NJ*

May 2012–May 2013

**Description of Experience:** Outpatient setting serving the needs of southern New Jersey's urban and suburban communities. This experience offered the opportunity to work in the Cooper Learning Center, a child learning program that provides parents and children access to assessment and treatment needs of learning difficulties and subsequent emotional issues. Additional experiences included consultation with patients, families, and physicians in adolescent medicine, pediatric neurology, and pediatric rehabilitation at Cooper University Hospital. Extern duties included the following responsibilities:

- Provided brief supportive therapy for pediatric and adolescent patients and their families in the outpatient neurology and primary care setting; Implemented cognitive behavioral, evidenced-based interventions.
- Consulted with parents; facilitated communication between healthcare providers and teachers; conducted classroom observations in order to provide patient with holistic and comprehensive treatment.
- Attended weekly pediatric grand rounds. Participated in weekly individual supervision with licensed clinical psychologist. Additional supervision included oversight, guidance, and mentorship from pediatric physicians specializing in adolescent medicine, neurology, and physical rehabilitation and medicine.
- Contributed to the development of a pediatric concussion program.
- Assisted consultation and liaison service for patients admitted to the PICU; Completed rotation in pediatric concussion clinic; Observed patients completing IMPACT testing.
- Conducted clinical intake interviews; Administered and interpreted psychological evaluations that included the following measures: *WISC-IV*; *WAIS-IV*; *WMS-III Brief*; *WJ-III Achievement*; *Woodcock-Johnson Reading Mastery*; *BRIEF*; *TOWEL-2*; *WRAT*; *Nelson-Denny Reading Test*; *Bender-Gestalt-II*; *Conners Scales*; *The Achenbach System*; *CDI-2*; *BDI-II*; *Beck Youth Inventory*; *Thematic Apperception Test*; *House-Tree-Person test*; *Draw-a-person-in-the-rain*; *Kinetic Family Drawing*. Integrated test results and interview findings into a comprehensive psychological report.
  - **Supervisor:** Richard Selznick, Ph.D., NCSP

## SCHOOL PSYCHOLOGY INTERNSHIP & EXTERNSHIP EXPERIENCE

---

### ***School Psychology Intern***

*The Pine School, Hobe Sound, FL*

August 2009–May 2010

**Description of Experienc:** Independent private school in the West Palm Beach, FL area. The school services children preschool through 12<sup>th</sup> grade. This experience offered the opportunity to work predominantly with students facing academic challenges, as well as advise a group of freshman students for the year. The school psychology intern's responsibilities included the following:

- Provided individual counseling, academic counseling, and group counseling for students from pre-school through 12<sup>th</sup> grades
- Engaged in play therapy with pre-school and kindergarten students; Facilitated family meetings; Coordinated parent and teacher meetings
- Developed individualized educational plans (following the Response to Intervention Model); Conducted Functional behavioral assessments (utilizing functional analysis methods such as the BOSS software); Developed behavior intervention plans
- Crisis planning and intervention; Consulted with parents, teachers, and support staff; Interdisciplinary team meetings and collaboration with occupational therapy and speech therapy staff
- Attended weekly individual supervision and group supervision seminar classes
- Conducted student and family interviews; Administration and interpretation of psychoeducational evaluations that included the following measures: *WISC-IV*; *WAIS-IV*; *WLAT-IV*; *WJ-III Cognitive Abilities*; *WJ-III Achievement*; *Bender-Gestalt-II*; *BASC scales*; *Conners scales*; *The Achenbach System*; *Thematic Apperception Test*; *House-Tree-Person test*; and *Kinetic Family Drawing*. The test administration and interview findings were integrated into a comprehensive psychoeducational report.
  - **Supervisor:** Patricia Gage, Ph.D., NCSP

### **COACHING EXPERIENCE (GIRLS LACROSSE AND BASKETBALL):**

#### ***School Psychology Extern***

*Cold Spring Harbor Junior/Senior High School, Cold Spring Harbor, NY*

September 2008–June 2009

**Description of Experience:** Public School, grades 7-12 on the North Shore of Long Island, New York. This experience offered the opportunity to work predominantly with students facing academic challenges, as well as exposure to students diagnosed with a variety of mental health issues and assisted in implementing evidenced-based interventions that are utilized while in the academic setting.

- Provided individual counseling and educational counseling
- Developed individualized educational plans (following the Response to Intervention Model); Conducted observations of, and participated in, student individualized educational plan meetings
- Completed classroom observations; Functional behavioral assessments (utilizing functional analysis methods such as the BOSS software); Developed behavior intervention plans
- Consulted with parents and teachers; Completed crisis planning and response;



- Observations of, and participation in, student activities such as the Gay Straight Alliance
- Conducted student and family interview; Administration and interpretation of psychological evaluations, included the following measures: *WISC-IV*; *WAIS-IV*; *Bender-Gestalt-II*; *BASC*; *Conners Scales*; *BRIEF*; and *The Achenbach System*.
- Attended weekly individual supervision
  - **Supervisor:** Michael Hurley, Ph.D.

---

## **ADDITIONAL PROFESSIONAL EXPERIENCE**

---

### ***Evaluator***

*Joseph J. Peters Institute, Philadelphia, PA*

February 2012 –October 2012

**Description of Experience:** The Joseph J. Peters Institute (JJPI) is a non-profit mental health agency located in Center City, Philadelphia. The agency provides specialized outpatient assessment and treatment to alleged sexual abuse victims/adjudicated juvenile offenders. JJPI evaluates and treats children, adolescents, and adults. The job responsibilities of the evaluator included the following:

- Performed comprehensive Biopsychosocial/Psychosexual evaluations for children and adolescents demonstrating behaviors possibly suggestive of sexual trauma or repeated exposure to age inappropriate sexualized materials/behaviors; and/or children/adolescents reported an allegation of sexual abuse.
- Conducted clinical interview with child/adolescent and their family member/guardian;
- Reviewed chart materials, gathered relevant historical data from the child/adolescent, and if necessary, conducted docket searches.
- Received supervision from a licensed psychologist regarding appropriate selection of assessment measures, case conceptualization, treatment planning, and recommendations.
- Consulted with a psychiatrist for the purposes of case conceptualization, psychopharmacological therapies, and treatment planning.
- Administered, scored, and interpreted the finding of the following measures: *WASI*; *K-BIT-II*; *MACI*; *Trauma Symptom Checklist for Children (TSCC)*; *Trauma Symptom Checklist for Young Children (TSCYC)*; *Children's Sexual Behavioral Inventory (CSBI)*; *Resiliency Scales for Children and Adolescents*; *CDI-2*; *House-Tree-Person test*; *Touch Survey*; *Draw-a-Person-in-the-Rain*; *The Achenbach system*.
- Integrated test results and interview findings into a finalized Comprehensive Biopsychosocial/Psycho-sexual report.
- Synthesized findings of the comprehensive evaluation to develop a provisional treatment plan with appropriate recommendations and goals for the client.
  - **Supervisor:** Ann Villinski, Ph.D.

### ***Clinical Assessment Research Assistant***

*World Wide Clinical Trials, King of Prussia, PA*

September 2011–February 2012

**Description of Experience:** World Wide Clinical Trials is an international Clinical Research Organization (CRO) that offers a robust degree of services for drug development across Phases I-IV, with a specific specialty in the areas of CNS, cardiovascular, oncology, and chronic inflammatory disease. Job responsibilities included the following:

- Developed rater training databases for the purposes of tracking rater certification/site status.
- Conducted research, compared costs, and coordinated with the CRO and pharmaceutical sponsor for acquisition and licensure of assessment scales.
- Assisted in the development of rater training materials under the guidance of the manager.
- Created PowerPoint presentations for rater training of the following psychological assessment measures: *MINI International Neuropsychiatric Inventory (M.I.N.I.)*; *Conners Adult Rating Scale*; *Clinical Global Impression Scale- Severity (CGI-S)*; *Clinical Global Impression Scale-Improvement (CGI-I)*; *Columbia Suicide Severity Rating Scale (C-SSRS)*; *Positive and Negative Syndrome Scale (PANS)*; *Scale for the Assessment of Negative Symptoms (SANS)*; *Simpson-Angus Scale*; *Calgary Depression Schizophrenia Scale (CDSS)*.
  - **Supervisor:** Bethanne Friedmann, Psy.D.

***Resource Specialist (Mental Health Crisis Counselor)***

*The Devereux Foundation, Philadelphia, PA*

October 2010–July 2011

**Description of Experience:** The Devereux Foundation is one of the oldest and largest nonprofit behavioral health providers in the nation. Devereux is a leader in the use of evidenced-based treatments to support children and youths in need. Devereux contracted with the Philadelphia School District for a school-based program to support the mental health needs of inner-city children. The Resource Specialist job duties included:

- Offered brief supportive counseling; crisis intervention and responding.
- Developed evidence-based treatment plans
- Consulted with school staff, administrators, other allied mental health professionals, school police, etc.
- Provided these services to adolescent's grades 9-12 at the largest high school in the Philadelphia School District.
  - **Supervisor:** Michael Moleski, M.A., LPC

***Behavior Specialist Consultant and School Psychologist***

*The Institute for Behavior Change, Exton, PA*

June 2010–October 2010

**Description of Experience:** The Institute for Behavior Change (IBC) is a nonprofit organization that provides a broad range of clinical services to children with disabilities. IBC specializes in the delivery of wraparound treatment. Job responsibilities included the following tasks:

- Conducted behavioral observations in schools and in the child's home
- Developed evidence-based treatment plans
- Completed psychoeducational assessments and report writing
  - **Supervisor:** Steve Kossor, M.A.

## **OTHER WORK EXPERIENCE**

---

### ***Communication/Policy Staffer***

*Mast for Congress (FL-18), Stuart, FL*

**Description of Experience:** As an integral member of the Brian Mast for Congress (FL18) team, my responsibilities included the following: Contributed to the development of communication strategies by providing unique insights from the perspective of a psychologist; Conducted research on various policies, laws, and issues; Analyzed and interpreted pertinent policy/law information for the purposes of briefing the candidate/campaign director as well as to develop candidate talking points and statements. Drafted press releases. Monitored and tracked current events related to the campaign, the congressional district, and the nation. Assisted with coordinating media outreach and communications; facilitated communication/contact between other members of the communication team/candidate with talent bookers and producers for national television interviews. Participated in community outreach activities. Additionally, received stipends from National Republican Congressional Committee (NRCC) to create tracking videos for potential use in the future development of commercials and online ads.

**Supervisor:** Rocco LeDonni—Campaign Manager

### ***Girls Basketball and Lacrosse Coach***

*The Pine School, Hobe Sound, FL*

October 2009—May 2010

**Description of Experience:** Independent private school in the West Palm Beach, FL area. The school services children preschool through 12<sup>th</sup> grade. Coached middle school girls' basketball for the winter season. Also, had the opportunity to head coach the girls' Junior Varsity lacrosse team and be the assistant coach to the Varsity lacrosse team.

**Supervisor:** Nathaniel Washer—Pine School Athletic Director

### ***Summer Recreation Program Director***

*City of Long Beach, Department of Recreation, Long Beach, NY*

June 2006—August 2009

**Description of Experience:** Directed summer camp program for ages 6-13. Coordinated daily schedule, trips, and supervised 15-20 other staff members.

**Supervisor:** Joseph Brand—Commissioner of Parks and Recreation

### ***Office Clerk***

*City of Long Beach, Department of Recreation, Long Beach, NY*

August 2006—August 2009

**Description of Experience:** Performed administrative assistant duties at the city's recreation office. Assisted patrons with access to the recreation center and pool.

**Supervisor:** Joseph Brand—Commissioner of Parks and Recreation

### ***Lacrosse Coach***

*City of Long Beach, Department of Recreation, Long Beach, NY*

August 2006—August 2009

**Description of Experience:** Provided weekly lacrosse instruction to girls ages 7-12.

**Supervisor:** Joseph Brand – Commissioner of Parks and Recreation

### ***Special Education Teacher's Aide***

*Baldwin Senior High School, Baldwin, NY*

September 2007–June 2008

**Description of Experience:** Baldwin Senior High School serves 9<sup>th</sup> through 12<sup>th</sup>-grade students on the south shore of Long Island. The teacher's aide was a member of the special education department. One-on-one assistance was provided to students with various special education classification. Responsibilities also included assisting in the life skills classroom with students that had more profound disabilities.

**Supervisor:** Deborah Smith, Special Education Chairperson

---

---

## EDUCATION

### **Federal Law Enforcement Training Center (FLETC)**

Glynco, GA

Introduction to Correctional Techniques Phase II – June 2017

### **University of Virginia**

Charlottesville, VA

Post-Doctoral Fellowship in Behavioral Medicine – August 2016

### **Philadelphia College of Osteopathic Medicine (PCOM)**

Philadelphia, PA

APA-accredited Doctoral Program (Psy.D.) in Clinical Psychology – July 2015

GPA: 3.34

### **CUNY Brooklyn College**

Brooklyn, NY

Advanced Certification in School Psychology – May 2010

NASP-accredited Master of Science Education in School Psychology (M.S.Ed.) – May 2009

GPA: 3.825

### **Hofstra University**

Hempstead, NY

Bachelor of the Arts in Psychology (B.A.) – May 2007

GPA: 3.29

---

---

## AWARDS & SCHOLARSHIPS

September 2019

Star Award  
Federal Government

August 2019

Time Off Award  
Federal Government

May 2018

Special Act Award  
Bureau of Prisons, FCC Terre Haute

January 2013

National Council of Schools and Programs of Professional Psychology (NCSPP) - Student Delegate/Student Fellowship  
Philadelphia College of Osteopathic Medicine

|             |                                                                                                 |
|-------------|-------------------------------------------------------------------------------------------------|
| May 2009    | Sheila O'Donnell Memorial Service Award<br>CUNY Brooklyn College                                |
| June 2008   | Nassau County Citation for Service & Dedication as a Mentor<br>Baldwin High School, Baldwin, NY |
| August 2005 | Hofstra University Academic Honors Scholarship<br>Hempstead, NY                                 |

---

## MEMBERSHIPS IN PROFESSIONAL & SCIENTIFIC SOCIETIES

---

|              |                                                                                          |
|--------------|------------------------------------------------------------------------------------------|
| 2016–2018    | American Psychological Association (APA) Division 18:<br>Psychologists in Public Service |
| 2014–2018    | Association for Behavior and Cognitive Therapies (ABCT)                                  |
| 2014–2018    | American Psychological Association (APA) Division 38:<br>Health Psychology               |
| 2013–2017    | American Academy of Clinical Neuropsychology (AACN)                                      |
| 2012–Present | Psi Chi National Honor Society                                                           |
| 2012–2018    | American Psychological Association (APA) Division 40:<br>Clinical Neuropsychology        |
| 2012–2018    | American Psychological Association (APA) Division 22:<br>Rehabilitation Psychology       |
| 2010–2018    | American Psychological Association (APA)                                                 |
| 2007–2017    | National Association of School Psychologists (NASP)                                      |

---

## RESEARCH EXPERIENCE

---

### ***Research Project Team Member***

*University of Virginia, Charlottesville, VA*

Winter 2016–Summer 2016

**Duties:** Assisting with recruitment of participants and maintenance of files and excel tracker for a study assessing the efficacy controlling blood sugars/ hemoglobin A1C in pediatric patients with Type I diabetes using an iPad game. **Supervisors:** Jaclyn Shepard, Psy.D. and Lee Ritterband, Ph.D.

### ***Principal Investigator – Doctoral Dissertation***

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Defended May 2015

**Dissertation Title:** The effects of speech impairment on certain aspects of quality of life in patients with amyotrophic lateral sclerosis over time **Dissertation Chair:** Stephanie Felgoise, Ph.D., ABPP

### ***Research Mentorship***

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Spring 2011–Spring 2015

**Duties:** Studying quality of life characteristics and compliance with clinical recommendations in patients with Amyotrophic Lateral Sclerosis; evaluating how the concept of Response Shift influences measures of Quality of Life; Collaboration with the research team at Penn State Hershey Medical Center Department of Neurology. **Supervisor:** Stephanie Felgoise, Ph.D., ABPP

### ***Data Analysis for Integrated Healthcare Grant***

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Winter 2015–Spring 2015

**Duties:** Data entry, SPSS analysis, and interpretation of patient satisfaction surveys with Shared Medical Appointment visits from PCOM's four healthcare centers. Additional analysis includes evaluation of patients with diabetes ratings of self-efficacy and self-empowerment (which are also completed during the Shared Medical Appointment). **Supervisor:** Scott Glassman, Psy.D. and Barbara Golden, Psy.D., ABPP

### ***Research Coder***

*“Living with LQTS Workshop” at Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Winter 2015

**Duties:** Assisted graduate students on the project by reviewing audiotapes from "Living with LQTS Workshop." Tapes were analyzed for administration adherence to protocol. Additionally, audiotapes were analyzed for the purposes of identifying repeating themes; open coding was utilized and recorded thematic and process-oriented memos. **Supervisor:** Stephanie Felgoise, Ph.D., ABPP

### ***Research Coder***

*Student Dissertation at Philadelphia College of Osteopathic Medicine Philadelphia, PA*

Summer 2013

**Duties:** Assisted graduate student on dissertation project by reviewing transcripts of patients discharged from a short-term psychiatric inpatient unit. Transcripts were reviewed and analyzed for repeating themes, using open coding methodology; Recorded thematic and process-oriented memos. **Supervisor:** Stephanie Felgoise, Ph.D., ABPP and Petra Kottsieper, Ph.D.

### ***Principal Investigator–Master’s Thesis***

*CUNY Brooklyn College*

Spring 2010

**Duties:** Study of the effectiveness of reading programs, such as the Wilson System on student’s grades K-6 that are 6 months to one year below their grade reading level. **Supervisor:** Florence Rubinson, Ph.D., NCSP

### ***Research Associate***

*Hofstra University: Cognition Laboratory*

Fall 2006–Spring 2007

**Duties:** Prepared and conducted experiments, scheduling and qualifying of participants, collected and organized information, scoring and inputting of data into programs such as Excel and SPSS.

**Supervisor:** Brianna Eiter, Ph.D.

### ***Research Assistant***

*Hofstra University*

Spring 2005–Fall 2006

**Duties:** Assisted student with qualitative dissertation research on the study of mothers diagnosed with anxiety, and their interactions with their children. Helped work with the mothers and their children during the experiment. **Supervisor:** Andi DiBari Lodico, Psy.D.

---

## EDITORIAL & JOURNAL POSITIONS

---

### *Associate Reviewer for the Journal of Clinical Psychology*

August 2015–August 2016

---

## ACADEMIC ACTIVITIES

---

### *Manuscript Review*

*Philadelphia College of Osteopathic Medicine, Department of Psychology, Philadelphia, PA*

Winter 2015

**Duties:** Assisted consulting editor review a manuscript for potential publication in the Journal of Consulting and Clinical Psychology (JCCP).

**Supervisor:** Stephanie Felgoise, Ph.D., ABPP

### *Clinical Psychology Student Blogger*

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Fall 2012–Winter 2014

**Duties:** Writer of the official blog for PCOM's Clinical psychology program; Offered student perspective by documenting and sharing experiences and described "the life of" a student in the clinical psychology program.

**Supervisor:** Maryann Beal–PCOM Marketing Specialist

### *Manuscript Review*

*Philadelphia College of Osteopathic Medicine, Department of Psychology, Philadelphia, PA*

Winter 2012

**Duties:** Assisted consulting editor review a manuscript for potential publication in the Journal of Consulting and Clinical Psychology (JCCP).

**Supervisor:** Stephanie Felgoise, Ph.D., ABPP

### *Manuscript Review*

*Philadelphia College of Osteopathic Medicine, Department of Psychology, Philadelphia, PA*

Summer of 2011

**Duties:** Assisted consulting editor review a manuscript for potential publication in the Journal of Clinical Psychology

**Supervisor:** Stephanie Felgoise, Ph.D., ABPP

### *Work Study*

*PCOM Medical Library, Philadelphia, PA*

Winter 2011–Fall 2011

**Duties:** Assisted medical school library staff with various administrative tasks such as organizing, cataloging, and ensuring systematic classification of library materials. Addressed student inquiries and helped support their independent research and learning needs.

**Supervisor:** Julia Lewis–Library Access Coordinator

## **VOLUNTEER & LEADERSHIP ACTIVITIES**

---

### ***Ready Reserves***

*Federal Government*

June 2019–Present

**Duties:** Member of the Ready Reserves in the role of Access Control Specialist (ACS); ACS responsibilities include monitoring and controlling access in and out of Agency facilities by ensuring positive personnel identification; conducts inspections to ensure that prohibited and restricted items do not enter or leave the building; observe, document, and report activities affecting agency facilities; and assist personnel with directions.

### ***Bureau of Prisons TDY***

*FCC Florence, CO*

January 2019

**Duties:** Assisted an institution in need of additional psychological services following the suicide of an inmate. Provided mental health services to inmates at the maximum-security penitentiary, with a specific focus on those inmates housed in secured, specialty, and administrative housing.

### ***Social Media/Media Liaison Team Member***

*American Conservative Union (ACU)*

Conservative Political Action Conference (CPAC) 2015-2016

**Duties:** Tracked news, current events, and media coverage of the conference; designed original digital media content used to promote the conference on official social media pages; simultaneously monitored multiple social media accounts across different social media platforms; authored questions for speakers to answer during presentations; moderated a question and answer session with former Speaker of the House; and provided consultation and collaboration between conference organizers, media outlets, and media talent.

### ***PCOM Psychology Student Council Executive Board Member***

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Spring 2013–Spring 2014

**Duties:** Student life liaison and coordinator of student life activities and events.

### ***Student Member of the Executive Board of the Philadelphia Behavior Therapy Association***

*Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

Spring 2011–Winter 2012

**Duties:** Assisted the professional board members of PBTA.

### ***Vice President of the Graduate Association of School Psychologists***

*CUNY Brooklyn College, Brooklyn, NY*

May 2008–May 2009

**Duties:** Organized and planned various events for the school psychology graduate program (i.e. Coordinated presenters, planned Welcome Dinners and organized within mentor program group). Also, acted as a liaison between faculty in the program and students.

### ***Faculty Mentor to High School Students***

*Baldwin Senior High School, Baldwin, NY*

September 2007–June 2008

**Duties:** Participated in a volunteer mentoring program for at-risk students in need of a positive



adult role model. Provided mentorship to three students.

***CCD Teacher***

*St. Bridget's, Westbury, NY*

Fall 2005–Spring 2006

***Duties:*** Preparing lessons and weekly discussions with first grade Catechism students.

**PROFESSIONAL DEVELOPMENT & SKILLS**

---

---

|             |                                                     |
|-------------|-----------------------------------------------------|
| Fall 2019   | Level Basic 1 Persian (Farsi)                       |
| Summer 2019 | Interview and Interrogation with Statement Analysis |
| Summer 2019 | Critical Thinking and Structured Analysis           |
| Summer 2019 | A Survey of Contemporary Iran                       |
| Summer 2019 | Security and Counterintelligence Fundamentals       |
| Summer 2019 | Economic Counterintelligence                        |
| Summer 2019 | CI & HUMINT Familiarization Seminar                 |
| Summer 2019 | Prominent Counterintelligence Cases in America      |
| Spring 2019 | Asking Better Questions for Analysts                |
| Spring 2019 | Understanding Islam                                 |
| Spring 2019 | Iran's Foreign Relations                            |
| Spring 2019 | Social Network Analysis                             |
| Spring 2019 | Linchpin Analysis Analytic Method                   |
| Spring 2019 | IC Analytic Tradecraft Standards Overview           |
| Spring 2019 | The Art of Sanitization                             |
| Spring 2019 | Intelligence Oversight Training                     |
| Spring 2019 | USSID SP0018 Training                               |
| Spring 2019 | OPSEC Fundamentals                                  |
| Spring 2019 | Basics of SIGINT Dissemination                      |
| Winter 2018 | CE Training Session: Preventing Suicide in Prison   |

|                    |                                                                                                                                                                                                                    |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                    | Bureau of Prisons                                                                                                                                                                                                  |
| Winter/Spring 2018 | Communication Management Unit Familiarization<br>Bureau of Prisons                                                                                                                                                 |
| Fall 2018          | Firearms Certification<br>FCC Terre Haute                                                                                                                                                                          |
| Fall 2018          | Psychologist Familiarization<br>Bureau of Prisons Management & Specialty Training Center (MSTC)<br>Aurora, CO                                                                                                      |
| Fall 2017          | CE Training Session: The Anti-Social Inmate, Bureau of Prisons                                                                                                                                                     |
| Fall 2017          | CE Training Session: Mood and Behavioral Disorder in Restrictive Housing, Bureau of Prisons                                                                                                                        |
| Fall 2017          | CE Training Session: Borderline Personality Disorder and Incident Reports for Suicidality, Bureau of Prisons                                                                                                       |
| Fall 2017          | Firearms Certification<br>FCC Terre Haute                                                                                                                                                                          |
| Summer 2017        | Introduction to Correctional Techniques Phase II<br>Federal Law Enforcement Training Center (FLETC), Glynco, GA                                                                                                    |
| Winter 2017        | Introduction to Correctional Techniques Phase I<br>FCC Terre Haute                                                                                                                                                 |
| Winter 2017        | Cardiopulmonary Resuscitation/Basic Life Support (CPR/BLS)<br>FCC Terre Haute                                                                                                                                      |
| Winter 2015        | ABCT Clinical Intervention Training: Contemporary Problem-Solving Therapy—A Transdiagnostic and Evidence-Based Psychotherapy<br><i>Presenters:</i> Christine Maguth Nezu, Ph.D., ABPP; Arthur M. Nezu, Ph.D., ABPP |
| Winter 2015        | Association of Behavior & Cognitive Therapists Conference Attendee<br>Philadelphia, PA                                                                                                                             |
| Fall 2014          | CE Training Session: The Resilient Young Ladies and Men (RYLM) Program: Positive Behaviors Intervention for African American Youth and Families<br><i>Presenter:</i> James Dobbins, Ph.D., ABPP                    |
| Fall 2014          | CE Training Session: ACT Flexibly—Increasing Psychological Flexibility with Contemporary CBT                                                                                                                       |

*Presenters:* Roger McFillin, Psy.D., ABPP and Phillip Pellegrino, Psy.D., ABPP

|                          |                                                                                                                                   |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Fall 2013/Spring 2014    | Weekly Post-Doctoral Case Presentations<br>Mount Sinai's Brain Injury Center, New York, NY                                        |
| October 2012/Spring 2013 | Weekly Pediatric Grand Round Lectures<br>Cooper University Hospital, Camden, NJ                                                   |
| October 2012             | ADOS Training                                                                                                                     |
| Fall 2011                | Rovinsky Lectureship Series: "Integrated Behavioral Healthcare"<br>Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
| May 2011                 | Philadelphia Behavior Therapy Association Presentation: "Hoarding"<br>Drexel University, Philadelphia, PA                         |
| March 2010               | National Association of School Psychologist Conference Attendee<br>Chicago, IL                                                    |
| January 2010             | ERASE: A Brief FBA/BIP Process                                                                                                    |
| November 2009            | Learning Strategies Curriculum: Fundamentals of Paraphrasing &<br>Interference                                                    |
| October 2009             | Effective Neurological Management of Sensory Processing Disorder                                                                  |
| February 2009            | National Association of School Psychologist Conference Attendee<br>Boston, MA                                                     |

## **PRESENTATIONS**

---

---

***Presenter at University of Virginia Medical School's Research Day:*** Presented two research posters at the university's research day.

Yost, J. S., Ph.D., & Blessinger, J. K., Psy.D. (2016). *Feasibility of an abbreviated parent training group for parents of children with ADHD* (Unpublished). Poster presented at the University of Virginia Medical School Research Day, Charlottesville.

Blessinger, J. K., Psy.D. (2016). *The effects of speech impairment on certain aspects of quality of life in patients with amyotrophic lateral sclerosis over time* (Unpublished Dissertation). Poster presented at the University of Virginia Medical School Research Day, Charlottesville.

***Guest Lecturer in First Year Cohort Behavioral Medicine Class:*** Presented didactic to the first-year students on quality life assessments in the health care setting.

Blessinger, J. K. (2014, November 4). *The importance of assessing and measuring patient quality of life*. Lecture presented at Clinical Psy.D. behavioral medicine course in Philadelphia College of Osteopathic Medicine, Philadelphia.

**Lecturer for the Heart Healthy/Primary Care Scholars Program:** Provided a psychoeducational/informational session for the Primary Care Scholars program to help individuals in an urban community learn how problem-solving skills can help moderate stress.

Blessinger, J. K. (2014, October 28). *How to use social problem-solving skills to help manage stress*. Lecture presented at Heart Healthy/Primary Care Scholars Program in Mediator Lutheran Church, Philadelphia.

**Co-Presenter at Camden County's Women's Health Conference/Cooper University Hospital:** Provided psychoeducational/informational session at a local health conference for women.

Blessinger, J. K., & West, J. G. (2012, September). *Fact or Fiction: Insight into teen's body image and eating disorders*. Lecture presented at Camden County's Women's Health Conference at Eastern High School, Voorhees, NJ.

## **PUBLICATIONS**

---

---

Fullam, T., Stephens, H. E., Felgoise, S. H., **Blessinger, J. K.**, Walsh, S., & Simmons, Z. (2015). Compliance with recommendations made in a multidisciplinary ALS clinic. *Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration*, 1-8.

## **REFERENCES**

---

---

Available upon request